THE SOURCE

AUGUST, 1985 VOLUME I, ISSUE 8

Read Any Good Books Lately?
The Community Center Has Them!

Where Is Everyone?

By Harry Staub

Going by the national average it is guessed that the homosexual population in Colorado Springs is somewhere around 30.000 people. Where are all of you. At the present time the Pikes Peak Gay Community Center has an individual membership of about 80 people and out of those 80 I very rarely see more than the same 20 or 30 at most of the local functions (not even that many at the board meetings.)

Why is there such a disinterest in the happenings in the Gay community in this town. Is the entire population unaware of the existance of the Community Center or just uninterested. If they are uninterested - WHY?

The people who are involved in the Community Center are very aware of the fact that the Center is growing at a very fast rate. They are also aware of the fact that things could be going even faster and smoother than they are now if more people were to get involved.

Think about it, the center was started for the members of the community and has been there for over five years doing all they can to help in any way they can. Isn't it about time that YOU got involved and started doing your fair share.

September Deadline

The deadline for the September issue is August 25.

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We cannot return material unless accompanied by a stamped self-addressed envelope. Please allow at least four weeks for processing. For display advertising, please call our office Monday thru Friday 8:00 a.m. to 5:00 p.m. at 636-1060.

Extra Time Needed

The SOURCE was planning on running articles prepared by anyone interested in being a candidate for one of the Board positions, in the up-coming elections. At the last minute we decided to hold these articles back until the September issue, giving more people the time to prepare something.

Once again we would like to let everyone know, if you are interested in running and would like to do a little campaigning, **PLEASE** have your copy to us by the deadline (August 25.)

United Way turns down P.P.G.C.C. Request for Grant

At the last P.P.G.C.C. Board meeting it was announced that the United Way has turned down the center's request for a grant. Several months ago when the Center first applied for this grant it was given a list of criteria which they had to meet.

Three members of the board went to the United Way headquarters and submitted an application, which had to be reviewed by their admissions committee and then recommended (by them) to their executive committee.

The Board members felt that they had met all the criteria asked of them and sat back and waited for the results.

After waiting quite awhile for a response and not receiving one, they phoned the United Way and were told that they had not received the grant because they had not met the criteria. Upon request the board was sent a list of reasons why the grant had been turned down.

According to several of the Board members who attended the original meeting, the list that they received was made up of several items of concern (none of which were mentioned at the original meeting) about P.P.G.C.C.'s ability to meet the criteria for membership in United Way.

The letter then goes on to explain that even if the Center takes action and changes the practices in each of the areas of concern, they still should not assume that they would be admitted at a later date.

Gay Men and Lesbians, 55 and Older

Previous research in the gay/lesbian community has indicated a preference for retirement housing and long term care facilities which are homosexually oriented. To elicit more detailed and accurate information concerning interest in such facilities for older lesbians and gay men, a nationwide survey is being conducted by Dr. A.J. Lucco, Fellow in Geriatric Medicine at the Johns Hopkins University School of Medicine in Baltimore.

Gay men and lesbians who will be at least 55 years old by the end of the current calendar year are needed to complete an anonymous, self-administered questionnaire which asks for demographic data as well as opinions in regard to retirement housing options and preferences. If you qualify and are willing to participate, please contact: A.J. Lucco, M.D., The Beacham Center, 5200 Eastern Avenue, Baltimore, Maryland 21224.

Organizations willing to distribute questionnaires are also asked to reply.

The study is being funded privately by the principal investigator. Results will be compiled and made available to gay/lesbian organizations around the country which are interested in developing retirement facilities for older lesbians and gay men.

New Drug May Inhibit AIDS Virus

Costa Mesa, Calif. (AP) - A drug has been shown to reduce the activity of the AIDS virus in a clinical test on 23 homosexual men, doctors said at an AIDS research conference.

The drug, Ribavirin, also enhanced the function of the immune system in the majority of the men who were part of the test, said Dr. Richard B. Roberts, chairman of the Department of Medicine at Cornell University who was involved in the clinical test.

Announcement of the test results placed Ribavirin in the same category as two other antiviral drugs, HPA 23, and suramin, which reduce the quantity of AIDS, acquired immune deficiency syndrome, is an affliction in which the body's immune system becomes unable to resist disease.

"What we have found is we do have a range of dose that is nontoxic, that could reduce the replication of the AIDS virus," Roberts said.

However, he said the test was conducted for only two week periods and stressed that "the numbers are very small."

The doctors, who attended a news conference at the headquarters of ICN Pharmaceuticals, the manufacture of Ribavirin, acknowledged that the highly publicized AIDS case of actor Rock Hudson had focused new attention on the disease and made their gathering all the more timely.

Roberts said that the AIDS conference, which drew scientists and researchers from around the country, concluded that ultimate treatment of the disease will have to have at least two angles of attack-one dealing with suppression of the virus, and the other treating the immune system.

Another member of the research panel, Dr. Karl M. Johnson of ICN, said the scientists had discussed the possibility of treating AIDS patients as diabetics are now treated, with lifetime doses of a viral suppression drugs.

The director of Institute Pasteur in Paris, where Hudson sought treatment for AIDS, was at the conference and told reporters that research "is going in several directions."

Gazette

Community Library For Everyone

There is a library in this town and it is the kind of library that has something of interest in it for everyone in the community. It is the Pikes Peak Gay Community Center Library and right now it has over 200 different books in it. Anyone who is a member of the Community Center is allowed to check out several selections at a time and there is no charge.

The topics covered range from biographies, self help, fiction, non fiction and reference to cartoon books. The one thing that they all have in common is that they are either written by, about or for gays and lesbians. So the next time your looking around for something good to read...stop by the Center, I'm sure you'll be able to find something to satisfy you.

The Center is open Mon.-Fri. from 6-9 pm. and on Sat. from 1-5 pm.

Maranatha MCC

Sunday, August 11th

The Rev. Calvin Lindly

(Candidate for the Pulpit)

Will Conduct the Service

Open To
All Denominations
Everyone Welcome

Meets Every
Sunday - 10:30 am.
Community Center

Picnic/Worship Service at La Foret

By Roger Webb

Pikes Peak MCC worships at the Unitarian Church in their beautiful sanctuary. But during the month of August the sanctuary is being refurbished and not available. PPMCC got creative and invites the larger gay community to join it in an outdoor picnic at La Foret Camp in Black Forest where it holds its annual EXCEL retreat on Sunday August 11th from 1pm to 7pm.

Volleyball, tennis, swimming and nature trails are available during the afternoon for recreation. Bring your own picnic and beverages however, due to camp regulations, no alcoholic beverages are permitted. The cost is $2.50 per person to cover the cost of the camp use. The church is not making any profit in order to make the day available for as many as possible.

A special outdoor worship service will be held at 5pm. From MCC Dallas, Texas, "Our Master's Music" will be presenting special music. They have cut two albums. during the service there will be an opportunity for full immersion baptisms in the swimming pool. Those who have been baptized but would like to dedicate themselves or a decision they have made are also welcome to be immersed. If you have never been to an MCC service, this is a good way to get acquainted.

No one will be turned away for lack of funds and a brief communion service will be held at the Unitarian Church, 730 N. Tejon at 5 pm. for those who can't make it to the picnic. During the rest of the month of August, participants with Pikes Peak Metropolitan Community Church are asked to bring a PILLOW, CHAIR OR FRIENDLY LAP as they worship in the social hall or downstairs hall. This is the time for a "spirit of adventure and humor." A special service will be held when the sanctuary is completed at the end of August or beginning of September.

(Camp La Foret is right off Shoup Rd. in Black Forest. Look for the MCC signs on the campground.)

Bar Association Narrowly Defeats Gay Rights Move

Washington (AP) - The American Bar Association narrowly defeated a measure opposing discriminatory treatment of homosexuals.

By a 161-152 vote, the ABA's policy-making House of Delegates rejected a resolution that would have urged federal, state and local governments "to adopt legislation prohibiting discrimination in employment, housing and public accommodations on the basis of sexual orientation."

When adopted, such resolutions spark lobbying efforts by the organization representing 350,000 of the nation's 650,00 lawyers.

The vote followed a lengthy and often emotional debate. "We should not sucumb to that ugly urge to ridicule those who are different," Henry Miller of White Plains, N.Y., told fellow delegates.

But Joe Stamper of Antlers, Okla., said "Lawyers should not be advocates of indecency."

Augustine Smythe of Charleston, S.C., said homosexuality "goes against American mores," and should not be endorsed by the ABA.

Gazette

Expert: Tests Ending Risk Of AIDS From Transfusion

Washington (AP) - With testing fully under way for blood donor's exposure to the deadly AIDS virus, a top federal expert said Wednesday, "We've pretty much solved the problems of transfusion-related AIDS."

Dr. James Curran, chief of the AIDS branch at the federal Centers for Disease Control, acknowledged that since the disease develops very slowly, cases contracted through past transfusions could be showing up for years to come.

But he and other experts at a National Institutes of Health conference said the apparent success of predonation blood tests begun last spring should relieve any fears Americans might have had about getting the disease through transfused blood.

Gazette

Christmas Crafts Co-op

Anyone out there talented in arts and crafts and interested in making some extra money during the Christmas Season? A group of such individuals have gotten together and are planning on having a Crafts Fair right before Christmas and there is still plenty of room for other interested parties.

Several locations are being considered at this time, for further information contact Roxanne at 473-4923.

Who Cares?

What is the sense of having a community newspaper that is willing to print articles on support group activities, if the people in the support groups aren't willing to take the time to write them. This paper was started because we felt there was a need to supply the community with a way of communicating with each other. A way of letting people know that there were things going on in this town that just possibly might interest them.

With the exception of Pikes Peak M.C.C. and the Helpline, nobody is taking advantage of what is being offered.

Over the past 6 months every support group has been contacted (some of them as many as four times) and told that the SOURCE would be happy to print articles written by their members. Articles that would be of interest to our readers, articles that would tell our readers what the groups would be doing and articles that would let them know what they have already done.

Some of these groups do not even have the time to supply a calander on a regular basis and some of them when they do supply a calender leave half the information out.

Between all the support groups in Colorado Springs there must be a individual membership of close to 200 people. It's hard to believe that out of all these people there is not one person in each group willing to take the responsibility for letting us know, (so that we can let the public know) what is going on. The group coordinators can not do everyting.

This paper is run by a very small group of people. We can not possibly attend every event in the area and there really shouldn't be a need for us to do so. It's a **COMMUNITY** newspaper and we cannot do it without your help. So come on people. If you have something to say and you want to get the public's attention, what are you waiting for?? The paper is here for your use...

Lesbian Custody Case

By Gloria Mackie

Thank you all for your support regarding the Lesbian Custody Case. It is gratifying to know that when the chips are down, we unite as one. There is a lot of love and caring in our community and it shows!

A short update on how the case is proceeding - at this date all depositions have been made and the outlook is favorable. The original court date has been postponed until October because the court calendar is backlogged. This has worked to the advantage of the surviving parent. The court has ruled that the child shall live with the surviving parent until the case is heard.

Information is scanty and names cannot be used until the case is settled. We have been legally advised not to print anything that may, in any way, be taken as prejudicial.

National response to the call for help has been good. So far approximately $3,000 has been raised, but more is needed to help with the initial estimate of $10,000 in court costs. Colorado Springs is right in the thick of things:

Joe Brady has agreed to hold a benefit at the all-new womens 2735 Club. The date: Sunday, August 25th. The Helpline will be hosting a plant and bake sale - same location, same date.

Further fund-raisers are in the planning stage. Stay tuned to the Source and mark your calendars

PRIDE IS ALIVE IN '85

Thank you Colorado Springs!

Bookstore Gets Order To Move

The First Amendment, a bookstore that has sold allegedly sexually explicit materials at 1216 W. Colorado Ave. for the last 10 years, was ordered by a judge Friday to stop operating there.

However the firm has an automatic 15-day stay of 4th District Judge Matt Railey's order to give it time to ask for reconsideration or seek another stay to file an appeal.

Darryl Deighton, who owns the store, said he probably will appeal the ruling, but would have to consult his attorney, who is out of town, before deciding on the next step.

Of the Judge's action he said, "I still think we have the right to run the First Amendment on West Colorado Avenue. If they can shut down a legitimate business I would think the citizens should be paying attention to who's next."

Railey signed the order at the request of the city of Colorado Springs which, under pressure from residnets of the neighborhood, has been trying to oust the store from the area since 1977. In that year the city passed an adult use ordinance prohibiting such operations within 500 feet of a residential neighborhood or in any zoning except commercial zoning. Because many of the adult use stores had been in place prior to passage of the ordinance a 6-month deadline was set for moving.

The city then amended the ordinance to provide for an 18-month time period for the business to move. When the First Amendment failed to move after two years, the city cited the store for a zoning violation. The store filed suit again. But Railey ruled on Friday that the 18 months was sufficient notice.

And acting on the city's counterclaim, he ordered the store closed.

City Attorney Jim Colvin said, "The city's go-round with the First Amendment has been lengthy and extensive."

Movie Stars Plan AIDS Benefit

Los Angeles (AP) - Elizabeth Taylor, shirley MacLaine, Burt Lancaster and Burt Reynolds will join other stars at an extravaganza next month to try to raise $1 million to combat the deadly disease AIDS.

"it's more than a celebrity night. We want to raise the consciousness of America. People have to realize this disease is affecting everybody," Suzanne Neff of the Chen Sam agency in New York said Wednesday.

"Never has a disease left so many so helpless, leaving loved ones and families reaching out to frustration and fear," Miss Taylor said in a statement.

"Being a part of this special evening with Mayor Bradley...and many other talented individuals who have given of themselves will hopefully help to end the AIDS nightmare."

Planning for the **Sept 19** Commitment to Life benefit began four of five months ago Ms. Neff said in a telephone interview. It was disclosed last week that Hudson was suffering from acquired immune deficiency syndrome.

"The concerns about AIDS was around long before Rock Hudson got it, although publicity about his illness has heightened awareness," she said. "It's a terrible thing and is affecting a lot of people."

The 59-year-old Hudson was in fair condition Wednesday at UCLA Medical Center. He returned to Los Angeles early Tuesday after seeking treatment in Paris.

The list of stars who plan to attend the benefit grows daily, she said.

Honorary co-chairpersons include Miss Taylor, Miss MacLaine, Lancaster, Mayor Tom Bradley, Wallis Annenberg, Sybil Brand, Andy Warhol, Diahann Carroll, Bette Midler, Liza Minnelli and Armand Hammer.

The honorary benefit committee lists Reynolds, Yoko Ono, Roddy McDowell, Melba Moore, David Geffin, Richard Pryor, Dack Rambo, Brooke Shields, Jane Powell and Liliane Montevecchi.

Gazette

Board Elections-Coming Up Fast

By Harry Staub

The Pikes Peak Gay Community Center will be holding they're annual election for the Board of Directors and everyone is invited to participate.

To either run for office or vote in the election a person has to be a member of the community center and the membership is open to everyone. If you are not already a member, what are you waiting for? The Board and the Center are here for you, so join now and become a part of the process that works for making Colorado Springs a better place for all of us.

Election Day will be Sunday, September 29 and will be held at the Community Center.

GAY HISTORY QUESTION

The media's blinders to gay issues were removed when this man made the first television appearance by a gay on behalf of gays in Washington, October, 1962. He appeared for two minutes, using his own name, his face fully illuminated in frontal view; the days of silhouette lighting rearshot interviews, discreetly placed potted palms, and other techniques of anonymity were ending. Who was this man?

Thank You For Calling The Helpline!

By Allan Wakefield

After a brief rest after the Block Party, the Helpline is back in the thick of things with several functions planned for August and September.
First on August 25, is the benefit for the "Lesbian Custody Battle". Being held at the 2735 Club (the new women's bar) the Helpline will participate with a plant and bake sale. Half of the money that we make will go to the Court Battle and the other half will be kept for the Helpline itself. Here's your chance to come out have a fun evening and support two good causes at one time. Plans are also in the making for a Yard Sale to be held on September 14th at 1511 Colorado Ave. All of the support groups and organizations are invited to participate and so far Maranatha M.C.C. has agreed to attend. Any group attending will be responsible for it's own sales and 50% of the proceeds will be donated to a local charity.

NEW NEWS

* Daytime Volunteers - are still needed. We have one (possibly two) new people who are being trained to work some of the afternoon shifts that still need to be covered but we still need more people. Sunday is still vacant and we would like to see it covered as soon as possible. Where are all the people who at one time or another have expressed an interest in helping out? Now is the time to get involved.

* Phone Issue - it was brought up at the last board meeting that the Helpline is in need of a second line going into the office. The Board discussed it and agreed to check on the various options open to us with the phone company. We should have a answer at the next board meeting.
* Birthday Club - the volunteers have started a Birthday Club which will meet once a month. Each volunteer contributes $2.00 which goes towards paying for lunch for the volunteer whose birthday falls during that month.
* Christmas Party - A committee has been formed and plans are already being made for the Helpline Christmas Party. Right now the Iron Springs Chateau is being considered.
* Next Meeting - the next Helpline meeting is scheduled for Friday August 23rd, at 6:00 pm. It will be a pot-luck and we will be discussing plans for the yard sale.
* Training - The next traing scheduled for volunteers is scheduled for Saturday, August 24, at noon.

Anyone interested in becoming involved with the Community Center, please feel free to drop by either one of our meetings. The hardest part is taking that first step and getting yourself involved. Once that's over and you've met some fo the people who are already there, you'll see - it's FUN.

SUPPORT OUR ADVERTISERS

The Exit

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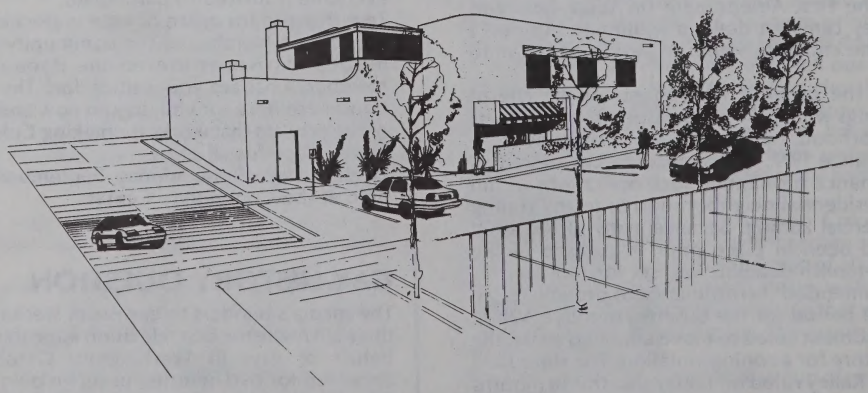


Sunday Brunch starting at Noon

Complimentary Hors D'Oeuvres' Mon. - Fri. 6 - 8 p.m.

Sunday Nite at the Movies

Transsexual Loses Bid to Head Legion Post

New London Conn. (AP) - A transsexual lost her bid to lead her local American Legion post, but said she was not disappointed because the election brought attention to the issue of sex changes.

Bridgette Poi lost the election, 23-13, to incumbent Joseph Ottaviano, who earlier predicted he would win the commander election in a landslide. another candidate, John Cables, received 10 votes.

"I'm going home to relax and drink wine. I'm not disappointed," Ms. Poi said "When the membership is 325, those (winning) numbers tell me nothing."

Earlier, a confident Ottaviano had predicted Ms. Poi's defeat: "I'll say it again, the post is just not ready for a transsexual commander. i don't believe she would improve the image of our post. she would probably hurt it."

Ms. Poi, 50, grew up as a boy named Bobby, is a decorated Korean War veteran and is the post's senior vice president. She had a sex change operation in Mexico at age 38.

"I'm glad I've run because if nothing else it's brought out the issue of the transsexual," she said. "I hope that I've made people understand what it really means. There's a lot of misunderstanding about it and I do think people should know what it really means."

Ottaviano said earlier, "I'm the man for the job. why, I was just named Legionnaire of the Year by the state," he said. Many members of John Coleman Prince Post 9 said before the election that they would vote for Ms. Poi, praising her fund raising efforts and legion events.

Gazette

Eleanor Smeal Wins Presidency of NOW

NEW ORLEANS-Eleanor Smeal defeated incumbent Judy Goldsmith on Sunday to win a third term as president of the National Organization for Women, and swiftly pledged to go "back out into the streets" in the struggle for feminist causes.

"I think it's time to put a lot more heat on the right wing and the reactionary policies of the (Reagan) administration," Smeal told reporters after her victory in an intense clash of styles with Goldsmith.

Smeal, 45, rolled up a margin of 839-703 in a delayed vote count to defeat Goldsmith, who won election three years ago with Smeal's support.

Write in candidate Sonia Johnson won 11 votes in Sunday's balloting.

At a post-election news conference attended by her husband and two children, Smeal said she would press vigorously to safeguard abortion rights, extend anti-discrimination law and win approval for the Equal Rights Amendment.

The two women agreed on most if not all feminist concerns, but Smeal said that under goldsmith's leadership, NOW had not been aggressive or visible enough.

"You can't, in my opinion, just go on in a position of low-key lobbying," she told reporters.

"We've been good too long....It's time really to go back out into the streets."

Gazette

No Treatment Cures AIDS, Experts Say

New York (AP) - Experts said that no treatment being studied can cure AIDS or correct the immune system deficiencies it causes. Nevertheless, a number of American AIDS patients have gone to France in recent months for treatment with a drug at the Pasteur Institute in Paris, where Rock Hudson has been treated.

Dr. Samuel Broder, chief of the clinical oncology program of the National Cancer Institute in Bethesda, Md., said several drugs - including the French drug - can reduce the amount of AIDS virus in the bloodstream of patients but cannot consistently improve patients' health.

Broder, a specialist on experimental AIDS treatments, said he was not familiar with Rock Hudson's case and therefore couldn't comment on it.

Initial reports Thursday by Hudson's associates that he might be recovering from AIDS prompted speculation that he might be receiving the drug, called HPA 23. Doctors have not said anything about his treatment, but his Beverly Hills, Calif., doctor, Rexford Kennamer, said Hudson has seen doctors at the Pasteur Institute.

HPA 23 is not yet available for human tests in the United States, Broder said.

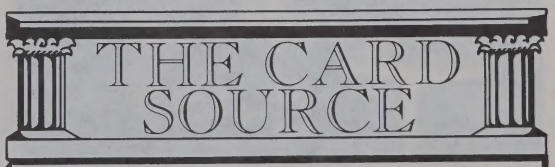
Ron Najman, spokesman for the National Gay Task Force in New York, said there are at least 15 Americans being treated for AIDS at the Pasteur Institute now, and that many other Americans have gone there for treatment and returned.

In February, Jean Claude Chermann of Pasteur, one of the Drug's developers, reported in New York that the drug had caused the AIDS virus, to nearly disappear in the blood of a young hemophiliac.

Chermann emphasized that the drug does not kill the AIDS virus, nor can it be called in any sense a cure.

Researchers in France have not said whether Hudson is receiving the drug, and it was not until Thursday - after days of speculation, rumor and misinformation - that Hudson's publicity people confirmed he was suffering from AIDS, not liver cancer as they has said earlier.

Gazette



Gay Greeting Cards

We Carry A Complete Line Of Cards

- ***Birthday***
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- ***Invitations***
- ***Congratulations***
- ***M.C.C.*** (Several Selections)
- ***All Occasion***
- ***Many Others***

These cards are sold individualy and in sets. If you would like more information or would like to stop by and see our display...call 636-1060 and ask for Harry.

Exit Facelift 90% Complete

The Exit has gone thru some cosmetic surgery and the results are excellent. The upstairs is open and the bar has more to offer than ever. The new renovations consist of a lounge area, deck area, completely redone bathrooms and another bar.

Open from 7 pm. to closing Wed. thru Sat. and 6 pm. till closing on Sundays the new bar is done in earthtones and will feature mellow music at all times. This will allow the customers the chance to converse at a normal level of conversation without having to yell at the person seated next to them.

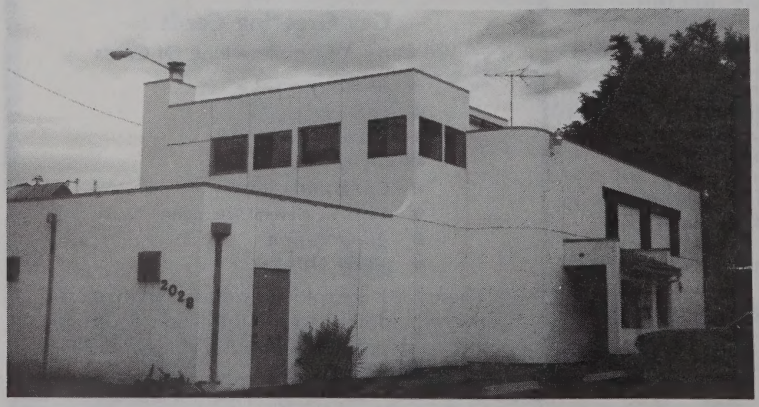
The deck area is open the same hours and eventually will have the fireplace from downstairs over in the back left hand corner. Along with a D.J. who will feature "Country" on Wednesdays, "70's & 80's" on Thursdays, "Oldies" on Fridays and "Contemporary Music" on Saturdays, dancing will also be available on these nights. Sunday will be a special day in itself with brunch starting at noon. All brunches will include a complimentary glass of champagne and will cost about 3.75 a person. "Sunday Night At The Movies" (no charge) will follow and will feature a varied selection of contemporary movies. The movie selection will be posted every Wednesday for the following Sunday on the bulletin board downstairs.

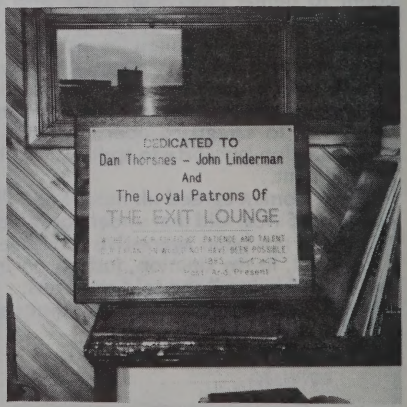
Another function of the deck area will be as a meeting room, which will be available to private individuals and groups on a first come first serve basis. There will be no charge for the use of the room...but reservations are required and you should allow yourself a couple weeks in advance if your planning on being able to use it. Network has already taken advantage of the offer and has already had their first meeting there.

Complimentary Hors D'Oeuvres'are served every Monday thru Friday between 6 & 8 pm. Friday and Saturday evenings between 12:30 and 1:30, the hot dogs are on the house.

Now that the upstairs is open and ready to go the work is not done. Renovations are underway downstairs and include painting, all new carpeting and the completion of the game room. Another pool table will be added and it is planned that tournaments will become a regular attraction.

With all the changes that have been and will be made there is still one thing that remains the same. No cover charge. So come on down and visit the "Best New Old Bar In The Rocky Mountain Region."





Community Calendar

DATES TO REMEMBER
Aug. 7-10 Pikes Peak or Bust Rodeo
23 thru Sept 2 Colorado State Fair
24 and 25 Pikes Peak Endurance
31 and 1st Labor Day Weekend (Balloon Races)

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	August 5 **National Smile Week Begins** **Network** - Meets at the Exit, 6:00 pm. A representative from Belboy will speak on "Investments in Gay Leisure Real Estate."	6	7 **P.P.M.C.C.** - Prayer Lunch at noon. **The Women's Group** - 7:00 pm., "Coming OutStories"...cont., call Helpline for info. **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **M.M.C.C.** - Bible Study, 1313 Bennett at 7:oo pm. **Pikes Peak or Bust Rodeo** - goes thru to the 10th.	8 **Count Me In** - 7:30 pm., call Helpline for info. **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **Dignity** - Time and place of event to be announced. **Michigan Women's Music Festival** - goes thru till the 11th. Call (517) 772-0582 for info.	9 	10
11 **M.M.C.C.** - Worship Service, 10:30 am., at 1809 DePaul. The Rev. Calvin Lindley, Candidate for the pulpit will preach. Pot Luck to follow service. **P.P.M.C.C.** - Picnic and Worship at La Foret Camp. 1-7 pm., $2.50.	12	13 **P.P.M.C.C.** - Board Meeting at 7:00 pm.	14 **P.P.M.C.C.** - Prayer Lunch at noon. **The Women's Group** - 7:00 pm., "Family...and Being Lesbian," call Helpline for info. **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **M.M.C.C.** - Bible Study, 1313 Bennett at 7:00 pm. **Broadmoor Ice Review** - Goes thru to the 18th.	15 **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **Count Me In** - 7:30 pm., call Helpline for info. **Dignity** - Time and place of event to be announced.	16	17
18 **M.M.C.C.** - Worship Service, 10:30 am., at 1809 DePaul. Food Sunday for Care and Share. **P.P.M.C.C.** - Choir Rehearsal at 3:30 pm. **P.P.M.C.C.** - Worship Service, 5:00 pm., at 730 N. Tejon.	19 **Network** - Meets at the Exit at 6:00 pm. The president of S.P.A.C.E. (Robt. Zowada) will speak on Political Action/Awareness and Human Rights issues.	20 **P.P.G.C.C.** - Board Meeting, 7:30 pm., call the helpline for the location of the meeting.	21 **P.P.M.C.C.** - Prayer Lunch at noon. **The Women's Group** - 7:00 pm., "Community...What is it? What could it be?", call Helpline for info. **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **M.M.C.C.** - Bible Study, 1313 Bennett at 7:00 pm.	22 **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **Count Me In** - 7:30 pm., call Helpline for info. **Dignity** - Mass: celebrated by Rev Leroy Clementich, Room 8, Sacred Heart Parish Center at 7:00 pm. Social hour will follow liturgy.	23 **Colorado State Fair** - goes thru to Sept. 2. **Helpline** - Meeting at the Community Center at 7:00 pm., Pot luck and will be discussing Yard Sale plans.	24 **Helpline** - Training Meeting, 12:00 noon at the Community Center. Anyone interested in joining the Helpline is welcome to attend. **M.M.C.C.** - Praise Lunch at King Table on Platte at 1:00 pm. **Pikes Peak Endurance** - starts today and ends tomorrow.
25 **M.M.C.C.** - Worship Service, 10:30 am., at 1809 DePaul. **M.M.C.C.** - Membership Class #1 at 1:00 pm. 1809 De Paul. **P.P.M.C.C.** - Choir Rehearsal at 3:30 pm. **P.P.M.C.C.** - Worship Service, 5:00 pm., at 730 N. Tejon. **Benefit for Lesbian Court Battle** - at the 2735 Club. Call Helpline for info.	26 	27	28 **P.P.M.C.C.** - Prayer Lunch at noon. **The Women's Group** - 7:00 pm., "Politics...Local Women and Gay Issues." call Helpline for info. **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **M.M.C.C.** - Bible Study, 1313 Bennett at 7:00 pm.	29 **P.P.M.C.C.** - Friends Gathering at 7:00 pm. **Count Me In** - 7:30 pm., call Helpline for info. **Dignity** - Time and location to be announced.(Meeting may be canceled)	30 **Balloon Races** - Goes thru until Sept. 2nd. in Memorial Park. **Oktoberfest** - Goes thru to Sept. 8th. at Briarhurst Manor in Manitou Springs.	31 **Labor Day Weekend Commonwheel Arts and Crafts Fair** - Goes thru to Sept. 2nd in Memorial Park in Manitou Springs. **Shrine Circus** - Goes thru to Sept. 2nd in Penrose Stadium.
September 1 **M.M.C.C.** - Worship Service, 10:30 am., at 1809 DePaul. **M.M.C.C.** - Membership Class #2, 1:00 pm. at 1809 De Paul. **P.P.M.C.C.** - Worship Service, 5:00 pm., at 730 N. Tejon.	2 **Labor Day**	3	4 **The Women's Group** - 7:00 pm., call Helpline for info. **M.M.C.C.** - Bible Study, 1313 Bennett at 7:00 pm.	5 **Count Me In** - 7:30 pm., call Helpline for info.	Keep Labor Day Weekend Safe Don't **DRINK** and **DRIVE**	

CLASSIFIEDS

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Roomy, reasonable apartment/cottage in Manitou, Westside or Downtown areas for conscientious gay tenant with 1 cat. Call Tim 473-0134

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Person to do **Custom Pinstriping** on my new car. Prefer "family". Call 473-0134.

Gay Helpline Wanted: People to handle phone calls and make referrals to the Gay Community. Requirements: Dependable, able to donate 3-6 hrs/wk and enjoy assisting people with information. For more information call 471-4GAY, Mon thru Fri 6-9 P.M. or Sat 1-5 P.M.

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G.W.M. 38, presentable and non smoker. Interested in relationship (roomate) with masculine G.W.M. 25-38 yrs. old. Willing to share all expenses. Call 471-1216, ask for George.

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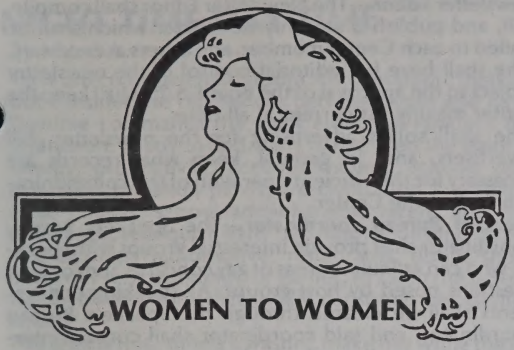

By Michelle Abdill

Did you know that more women than men are members of the Pikes Peak Gay Community Center? Did you know that more men are actually involved with the Center? If women know the center is here and become members, why aren't they involved? Why do they pay membership fees and then not take advantage of what the center has to offer them?

I talked with several women in the community both members and non-members:

The first women I talked with is not a member. When asked why she had not joined, she indicated that it was because she really didn't know anything about the center and what it had to offer her. She said "I'd heard the name but I didn't really think it was something for me - I thought it was just for people who needed counseling or something."

I then talked with a woman who has just recently become a member and, very active. When I asked why she had not been a member before, she said she "wasn't involved in anything." She went on to say that part of the reason she had not joined earlier was because she felt like she didn't "know enough" she "felt like an outsider" in the gay community. She also expressed a feeling of ignorance about "just what Pikes Peak Gay Community Center is all about." She didn't know the Helpline existed. This woman became an active member after attending a Helpline meeting. In talking with her about the article and our concern she said she felt "woman in this area are more closeted than men - look at who goes to the bars, mostly guys.

I also talked with a couple. They are both members but are not active in the center or much of anything else in the community. Initially they both pleaded work overload (one is also a student) but after we talked they both agreed that there was more involved in their reisitance. Why are they members? At the time they joined, "Gayspeak" was the only local written information about the community and they wanted to find out what was going on. They also had a sense of "wanting to support the community." Neither of them have ever been to a board meeting, they did come to the Block Party, but that is the extent of their involvement. Again - Why? Fear of disclosure played a small part but as it turned out they just felt they might not be welcome, that there would be cliques and "quite frankly we thought it was mostly men and although we don't have any problems with men, we thought they might have a problem with us." At this writing they are both making plans to become involved, one has become active in one of the MCC's and one is involved in one of the center backed projects.

I've had conversations with several other woman in our community and they echo these sentiments. It seems that the women in this community are unaware of what the community center is all about. If they are members and inactive, many times its because they didn't think there was a place for them. There seems to be a feeling that the Center "runs itself?" These people really do understand that *people* are needed to make things happen but their response is, somebody else is doing it or there's nothing happening anyway.

Several of these woman had not heard of the Helpline or what it does. Many of them felt like they didn't have time - when we looked at this they really just hadn't felt like anything of interest to them was happening.

Is the Pikes Peak Gay Community Center a viable organization? Do we need it? Does it fill any needs for the members of the gay community?

Many of us think the answer to these questions is an emphatic "yes." I'll speak for myself and I think several of the active women (and men) members of the Center, when I say...**how can the center offer you what you want when you're invisible? How can it meet your needs when you express none?** The Center *is us* - it is like any other organization, the sum of its parts. How many of the books in our library have you read? Which one of our support groups do you attend? When you need information, or help do you call the Helpline? Did we have enough volunteers to be sure a person (and not a machine) was there to answer your call? Have you been to a good pot luck lately? Met any new people? **HAD SOME FUN?**

If you have any investment in the quality of life we have here in Colorado, join us - I bet we have a lot to offer you and I know you have alot to offer us.

TO YOUR HEALTH

Snacking the Healthy Way

By Gloria Latimer

Snacks play a major role in everyday eating patterns for a majority of people. Many snacks, so called "junk foods" are very high in calories and very low in nutrients. Potato chips, soft drinks, and candy bars are typical snacks for many, that offer little more than empty calories.

If your snack habit is comprised of too many foods of the "junk food" category the seed for unwanted weight gain and unbalanced nutrition is planted. The taste of many foods is pleasing but the side effects of high calorie snacking are not so pleasing. So consider the nutrient content of the snacks you select and make choices that are both tasty and healthy. Good food habits affect appearance and performance.

Since most people choose snacks on the basis of availability you might want to keep a shelf in the refrigerator or cabinet stocked with nutritious snacks such as fruits and juices, cheese squares, pudding, carrots, celery, raisins, granola, peanuts, or popcorn.

These foods provide nutrients that fall into the four food groups. Keep your purchases of "junk foods" to a minimum: if they're not in the house you won't eat near as many of those types of foods.

Snack foods from the four food groups can provide variety and good nutrition. Remember, you can be well-nourished and still not be physically fit but you can never be physically fit without being well-nourished.

For more information on this or other topics please call or write Gloria Latimer, Health Educator, El Paso County Health Department, 501 N. Foote Avenue, Colorado Springs, CO 80909-4598 or call 578-3108.

Duties of the Board Officers

With the elections coming up fast, hopefully there are several people interested in running for one of the positions on the board. The following Articles are from the By-Laws of the Pikes Peak Gay Community Center. If you would like to participate and are having trouble deciding which position you could best serve the community in, read on.

Article VII, Section 7
The OFFICERS of the Board of Directors for the Center shall be a President/Support Group Coordinator; Vice-President/Membership Chairperson; Secretary/Treasurer; Helpline Coordinator; Newsletter Editor; and Speakers Bureau Coordinator. When the duties do not conflict, any Board member, other than the President, may hold more than one of these offices.

Article VIII
DUTIES OF THE BOARD OFFICERS
President/Support Group Coordinator---Subject to the control of the Board of Directors, the President shall have general supervision, direction and control of the business and affairs of the Center.
S/he shall preside at all meetings of the Directors, and shall have such other powers and duties as may be prescribed from time to time by the Board or the General Membership.
In addition, the President shall act as coordinator for the various Center support groups, keeping in regular contact with the facilitators of the groups in order to insure the constant flow of communication within the organization.
Vice-President/Membership Chairperson---In the absence or disability of the President, the Vice-President shall perform all the duties of the President, and in so doing, shall have all the powers of that office. The Vice-President shall have such other powers and perform such other duties as may be prescribed by the Board or the membership. In addition, the Vice-President shall keep all membership records in an orderly fashion, welcoming new members, sending renewal notices, etc. and performing other functions of this office. S/he shall provide the Board with monthly/quarterly/and annual statistics with regard to membership growth or decline.
Secretary/Treasures---The Secretary shall keep a full and complete record of the proceedings of the Board and General Membership, shall mail such notices as may be necessary and proper, shall supervise the keeping of the minutes book(s) of the Center and shall discharge such other duties as pertain to the office.
Minutes of all open meetings of the above bodies shall be open for inspection by the public.
In her/his capacity as Center Treasurer, s/he shall receive and safely keep all funds of the Center and deposit them in financial institutions chartered by the Federal government or insured by same. Such funds shall be paid out only on the check of the Center signed by the President and Treasurer, or one(1) other Board member. The Treasurer shall submit a monthly report to the Board, and shall report to the General Membership meeting the receipt and disbursement of Center funds.
Helpline Coordinator---The Helpline Coordinator shall have overall coordination of the Center ***Information-/Helpline,*** providing direction, training, and communication with line volunteers as is necessary to the efficient operation of the line. The Helpline Coordinator shall have the power to set schedules, collect statistics, discipline volunteers, and select same, along with any other help as may be necessary for Helpline operation.

Newsletter Editor---The Newsletter Editor shall compile, edit, and publish a monthly newsletter which shall be mailed to each Center member, and others as necessary. S/he shall have full editorial control of the newsletter subject to the approval of the Board. S/he shall keep the Center mailing list current at all times.
S/he shall solicit advertising for the newsletter, bill advertisers, and, in general, keep what records are necessary for the efficient operation of this communication tool of the Center.
Speakers Bureau coordinator---The Speakers Bureau Coordinator shall provide interested groups with speakers who can articulate areas of gay concerns and/or field questions posed by host groups. All speaking engagements shall be cleared through the Speakers Bureau Coordinator, and said coordinator shall contact interested groups on a regular basis in an effort to educate non gays about the gay movement.
a) Speakers provided shall be familiar with the Center operation and support groups.

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Lifestyle Observation

It makes me very sad to see what is happening to Rock Hudson, but it makes me furious that it took a NAME to get the world's attention about AIDS and the need to help. I doubt if he ever saw himself as a martyr but it won't go unnoticed.

Pikes Peak Gay
Community
Center
"Community" is the key word
For Membership Info. Call 471-4GAY

NIGHT TIME DAY TIME

By M.L. Bean

Time affects us psychologically. Ahh, simplistic thinking, but consider the differences between night and day.

Daytime commands the work ethic. B. Franklin's trite injunction: "Early to bed, early to rise" sets the stage for energy, productivity, accomplishment. Schools open pre-dawn, pre-snow plows, pre-civilization. Even if they close midday, school administrators rarely, and then reluctantly, relinquish early morning requirements. Service business (automotive, restaurants, donut shops) boast of 7 a.m. openings, or earlier, to catch the 8-5er; a standard work shift that totally consumes the daylight hours.

The effects this "time's a wastin', make hay while the sun shines" attitude has are observable: dress, morals, speech, posture, stress, among others. For example, collars are usually closed: few hairy chests or plunging necklines (the latter is permitted with a designer jacket and many gold necklaces.) There may be a tryst for lunch but an hour rarely allows for much beyond knee rubbing. Sunlight is too bright for anything but whispers. (Note: teachers aren't even considered for noontime affairs.) It's less easy to be sleazy.

People seen to speak more quickly in daylight. Punctuating sentences with exclamation points, talk is usually businesslike, to the point. Of course, gossip and small talk are unavoidable, but again, full sunlight, full disclosure.

Accompanying brisk speech is the upright posture, leaning forward with interest or intent, walking quickly, purposefully (striding), standing tall...signals of accomplishment, work, energy, etc.

Finally (tip of iceberg) there is noticeable anxiety during daylight hours (emergencies are exempt). everyone is watching...especially the boss...and everyone, especially the boss, can see the progress of work. Busywork, flurries of animated doings, decisive conversation are for these seers...they're everywhere, they're everywhere! It's harder (but possible) to slough off in daytime.

I must point out that age is a factor. For some inexplicable and usually irreversible reason, the older one becomes, the earlier one rises. The more one treasures Mr. Franklin's adage, and acts accordingly. It may be a Pavlovian response to societal emphases, but still it prevails to entrench daytime dogma. Hour-setters (bosses) are usually older.

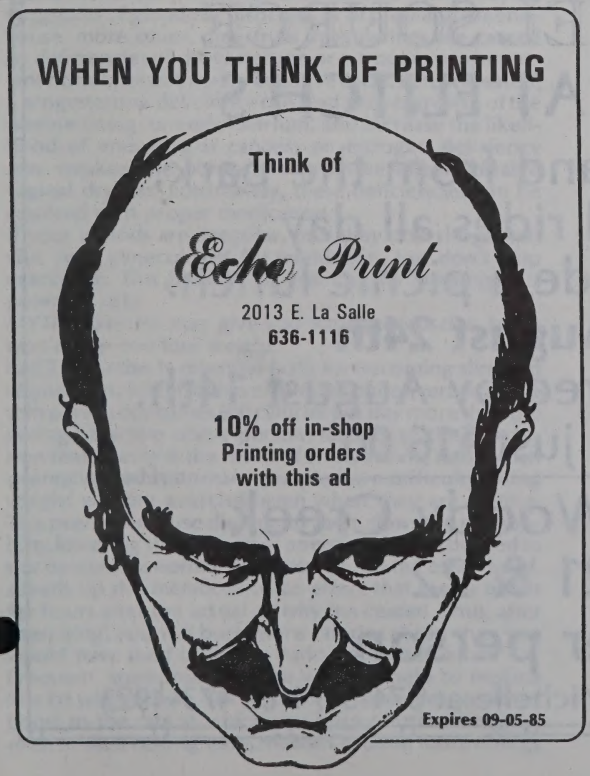
Contrast nighttime (it begins at 5 p.m.)...mellow, darkened corners with subdued, artificial lighting (pink for restaurants.) One goes slower when one can't see. Casual dress, or undress, prevails. Only waning energy determines the end hour. Most affairs are at night. (There is not a factual basis for this observation, but it makes sense.) After all, if one doesn't see clearly surroundings or partner, and time is no object...well... Of course alcohol (and perhaps chemistry) adds substantially to "kicking back." Cocktail hours rarely seem to focus on say 10 a.m.-2 p.m. Who is unwinding at 1 in the afternoon except the unemployed, student, independently wealthy or vacationer? Speech slows...may be even seductive, or slurry. Energetic work ethic types are elsewhere, waiting for the glorious dawn of a new day. Posture relaxes...leaning back, slouching, sitting a lot.

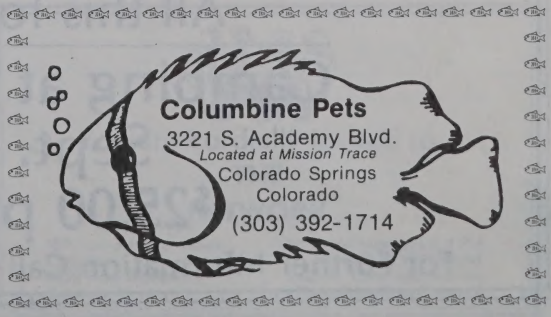
Night is the time for entertainment. A $3.95 business lunch ("we're in a hurry miss") with a flat 15% tip or less expands to a $20 minimum (with wine) and often a 20% tip or more. Brown bags give way to served dinners...mayhaps with a gourmet flair, certainly with vegetables. Especially if there is no need to arise early (weekends are ideal for this except for families with small children, sportspeople and compulsive sun-users.)

Nights beckon beyond daytime deadlines. There is less caution, less anxiety: metabolism and living slow. It's easier to put off...who's watching? Blame is not immediate; the day crew is gone and there's a whole 'nother time zone between.

But the midnight oil burners (an archaic phrase) cannot be ignored. Those who accomplish later, post sunset, are usually students (they claim superior scholarship), on-their-way yuppies ("I was here past 11."), discomfitted spouses or partners, or the inspired...ie: writers.

This was written after midnight, with a knowledge of sleeping in the next day. Night people will probably live longer than daytimers.





GERMS OF ENDEARMENT

A Brief Biography of Sexually Transmitted Disease (And Self-Defense Course)

By John Potterat

Part VI: AIDS - An infrequent consequence of HTLV-III infection.

Although AIDS is the most spectacular disease of modern times, what is truly amazing is how FEW cases have occurred. And, considering the high-risk sexual practices and "fast-lane" lifestyle of many gay men in the past (I hope), it is just as amazing that most gay men are healthy as they are. Encouraging. First, a word about the crucial distinction between infection and disease. *Infection* means you got the bug - in this case, a virus inelegantly labelled HTLV-III (memorize it; there'll be a quiz in 15 minutes). *Disease* implies tissue damage.

The discovery of HTLV-III demands that we reconceptualize "AIDS". What we have is an epidemic of HTLV-III *infection*, of which AIDS is a mercifully infrequent *disease* outcome. The vast majority of people exposed to this virus will probably never get AIDS.

Exposure to HTLV-III can lead to four distinguishable outcomes. The person acquires the virus and the immune system...

1)...destroys it (Yeh for our side!). End of story.

2)...fights it,.....but the virus remains. The infected person stays well, but (Ugh!) probably infectious for a long time.

3)...fights it, the virus remains and causes temporary damage, expressed mainly as swelling of the lymph glands, with fatigue. This is now referred to as ARC (remember the quiz!), or AIDS-Related Complex. Most ARC patients, the "walking wounded", will probably revert to outcomes 2 or 1 (above). Some will progress to AIDS.

4)...cannot successfully cope with it. What probably happens is that the immune system is so battered from overwork (years of fighting foreign protein in the blood, like sperm, drugs and infectious bugs) that the introduction of HTLV-III becomes the last straw. Talk about a lousy prognosis. Depressing.

Of gay men exposed to HTLV-III, about two-thirds belong to outcomes 1 and 2, about one fifth to outcome 3, and 10-15 percent to 4 (AIDS). The lesson is: if you haven't been exposed, switch to S-A-F-E S-E-X to reduce your chances of acquiring the virus, and avoid sharing needles if you're into recreational drugs. If you got the bug, get out of the fast-lane, take care of yourself, think positive, and court a girl: Lady Luck. You also have statistics on your side: of the estimated ten million gay and bi-sexual men in the U.S., fewer than ten thousand have gotten AIDS (one tenth of one percent). Thus 99.9 percent have remained well thus far. Even if optimistic - Potterat is wrong by a factor of ten, it still means that 99 percent of gay men should be O.K.

SAFE SEX can put
AIDS on the Endangered
Species List.

Next Vignette: The Joys of SAFE SEX and Healthy Living (or: it's OK not to be a slut anymore).

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WOMEN'S HEALTH

Myths and Facts About Women and Exercise
Part I
By Roxanne Ellis

More than ever before, women are pursuing fitness--working out in gyms and spas, running in marathons, competing on professional teams, moving into many athletic fields formerly thought to be the exclusive province of men. Despite this growing enthusiasm for sports and conditioning, misinformation about the effects of exercise abounds, even among female athletes and their coaches. Dr. Mona Shangold and Dr. Gabe Mirkin, a husband-wife team with expertise in both gynecology and sports medicine, dispel some of the most common myths about women and exercise.

MYTH: Vigorous exercise may disrupt the menstrual cycle.

FACT: Although some women do stop menstruating temporarily when they exercise strenuously, most continue to have the same menstrual pattern they had before they began to exercise. Approximately 20 percent of women who exercise intensively have irregular periods or no periods at all, but many of these women actually had these tendencies before they began working out.

On the other hand, irregular periods and amenorrhea (cessation of menstruation) are more common among athletes than among sedentary women. Regular exertion often leads to weight loss and thinness, both of which may produce menstrual irregularity; the physical and emotional stress of training and competition may also lead to disruption of the menstrual cycle.

Whether or not you exercise, irregular periods or amenorrhea warrant an examination by a gynecologist. These menstrual problems, in some rare cases, may be symptoms of glandular disorders or of premature menopause, more often, menstrual irregularities are caused by deficiencies of progesterone or estrogen, two important hormones in the reproductive cycle. Left untreated, a progesterone deficiency can lead to overgrowth of the uterine lining, or endometrium, and increase the likelihood of endometrial cancer; an estrogen deficiency may weaken the bones and promote uncomfortable vaginal dryness. Fortunately, these deficiencies can be resolved with proper medication.

If your periods are irregular, or if they stop altogether, visit your gynecologist for evaluation, but don't stop exercising. The benefits of exercise far outweigh its potential risks.

MYTH: Exercise may give you stronger muscles, but it won't help you lose weight.

FACT: Exercise is essential both for becoming slim and staying slim. Scientists have found that the average active thin person consumes 600 calories per day more than the average inactive obese person, leading to the conclusion that obesity is the result of underactivity rather than overeating. In fact, many people have difficulty losing weight without exercise, even when they are dieting, This may be because dieting, by itself, slows the metabolism, lowering the amount of energy (calories) burned in the course of a normal day. Exercise, on the other hand, speeds up the metabolism--an effect that seems to last for hours after the actual activity has ceased. Thus, after exercising, you will burn more calories at rest than you would have used up if you hadn't exercised at all.

Frequent, strenuous exercise will also help to replace lost fat with muscle. This conversion provides an added boost to the rate at which you burn calories, because, even in their resting state, muscles expend more energy than fat. While sleeping, for example, a muscular person uses more calories than a fatty person of the same weight.

The inactivity-obesity cycle is self-perpetuating and may be quite difficult to break. It's hard for an obese person to be active--the physical strain can be great. Remember to start slowly and gradually work your way up to higher levels of activity. A word of caution: If you are seriously overweight, consult your doctor before starting any exercise or weight loss program.

MYTH: Regular exercise will help postpone menopause.

FACT: No type or amount of exercise can alter the age at which you reach menopause. Menopause occurs when the ovaries run out of functioning eggs, usually between the ages of 45 and 55. (Some eggs still remain, but they don't respond to the hormonal signals they are receiving.) The only factors known to affect the onset of menopause are cigarette smoking, alcoholism, malnutrition and certain illnesses, all of which tend to accelerate the process.

As noted above, some women who exercise regularly may experience a temporary cessation of menstruation. This hiatus is not a true menopause, since the ovaries still have plenty of functioning eggs. The brain has simply stopped--for a time--sending the hormonal signals that stimulate the ovaries. In the great majority of cases, the signals resume after an interval, and normal menstrual function returns. Transient amenorrhea or menstrual irregularity are not likely to affect the age at which menopause occurs....

Part II of Myths and Facts About Women and Exercise will be continued in the September issue.

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ANSWER TO GAY HISTORY QUESTION

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GAY GAY

By Roger Webb, Pastor PPMCC

When I first came to Colorado Springs two years ago to assume the pastorate of Pikes Peak MCC, I attended my first "meeting" of the Gay Center. There were 4 of us in Bob's living room with no office, phone referral, library or groups going. I left embarrassed with the poverty of it all, particularly when I was use to the level of Los Angeles's Gay Center.

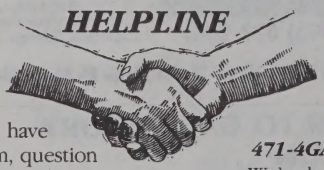
When I see 14 people at a Board meeting in our own office space with 5 groups going and a vital Helpline, there is a real sense of growth and appreciation for how far the Center has come. What happened this last 2 years for it to have finally taken off? (I don't deny there is much further to go, but I want to focus on the good foundation) Getting past all the rhetoric and theories I suggest that we...grew up!

We grew up to recognize we are worth it to help ourselves. We grew up to go beyond seeing ourselves as just a source for tricks and lovers to being a community and a support unit. We went from exclusive indifference or predation to outreach and nurture. There is a Christian hymn called "There's a Church Within Us". I suggest we have found there truly is a "community" amongst us because we have recognized there is a "humanity" within us. For years I could only see bodies and not see the hearts and minds attached to them. (Even if I had I think maybe in my oppressed state I would have found heads and hearts an impediment).

The Gay Community Center symbolizes light years of travel in our personhood. There are people who have gone from "Hi. Wanna trick?" to like those on the Helpline who say "Hi! THIS IS THE GAY HOTLINE. *MAY I HELP YOU?*"

The foundation is firmly set for a viable gay community. I look forward to the Gay Community Center being the "nuclear react-or" to this grid of outreach.

THE HELPLINE



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COMMUNITY GROUPS AND SERVICES

The following is a list of all of the groups that presently meet on a regular basis in the Colorado Springs area.

"CAN WE TALK" - Mondays at 7:00 p.m. open to everyone

"COUNT ME IN" - Thursdays between 7:30 and 9:00 p.m. open to everyone 30 and over.

DIGNITY (Catholic support group) - Thursday evenings at 7 p.m. call 593-9606 for further information.

GAY ALCOHOLICS ANONYMOUS - Monday, Wednesday and Friday at 8:00 p.m. In the church basement at 730 N. Tejon.

GAY HELPLINE - 471-4GAY volunteers work the phones Monday thru Friday 6:00 to 9:00 p.m., Saturday from 1:00 to 5:00 p.m.

IMPERIAL COURT OF SOUTHERN COLORADO - For information call 471-7468

INSIGHTS - 7:30 p.m. every other Tuesday discussion group open to everyone.

MARANATHA MCC - Meets Sundays at 10:30 am. at the Community Center.

NETWORK - 1st and 3rd Mondays of the month, 6:00 to 9:00 P.M., Henri's Restaurant, 2427 W. Colorado Ave.

PIKES PEAK MCC - Sunday Service 5:00 pm. at 7:30 N. Tejon.

SEXUALLY TRANSMITTED DISEASE CLINIC - 510 N. Foote Avenue, minors examined without parents consent, information confidential, nominal fee. Call 636-0147

SPEAKERS BUREAU - Call Helpline for information.

WOMEN ONLY - Wednesday, 7:30 to 9:00 PM. Call the Helpline for information.

For further information regarding the groups above, call 471-4GAY.

INSIDE P.P.G.C.C.

By Tim Symons
Vice President - P.P.G.C.C.

First, let me dispel a vicious rumor that the Center is changing its name to FFFR. I personally think FFFR is catchy, but Fruits and Fairies of the Front Range is out of the question!

There is some talk that Joe Brady will have competition in September for the office of President of PPGCC. To vote or run for office, you must first become a member. Please call the Helpline at 471-4429 or me at home (473-0134) if you'd like further information. Support your Center and it will support you.

Which brings up some old business...in July the PPGCC Board discussed our recent turn-down by United Way. A campaign will soon be initiated to let UW know how each of us feels as individuals. Members of the community will be encouraged to send letters to the UW Board. More to follow.

More importantly, in my opinion, is to let every gay person (estimated at over 30,000 of us in C.S.) know what United (or "disunited") Way does and does not do. United Way supports some community services we as *individuals* may use...health, food, shelter, and other needed agencies. But UW absolutely does not wish to support gays and lesbians as a group. In other words, deny you are gay, and you're OK. Accept yourself and be proud of *being gay*, and forget about any United Way funding. It's OK with me if you support the United Way...just be aware that it does not think the gay community (or you) is OK. Pikes Peak Gay Community Center is the support system for that.

United Conference of Mayors funding for Colorado Springs' own AIDS project, FACT, has NOT yet been decided upon. A decision is due sometime in August. My fingers and toes are still crossed, even though I feel very confident. Many workers will be needed for this project, so please get involved to fight this enemy disease. You may reach me at home (number above) or by leaving a message at the Helpline.

Calculations are near completion, and the Block Party was not only a lot of fun, but came out in the black. The Board is now considering a request for an additional phone line for the Helpline.

Volunteers are still needed to answer the line we have. Call 471-4429 and leave a message for Allan or Harry.

EDITORIAL CORNER

Now I'd like to discuss an issue I've been trying to avoid for years,...drag. Many in our community love shows, but hate the queens. Many of us think drag beneath us and are embarrassed by drag period. I personally was mixed up about my feelings, but wanted to find out more. Going against much advice to the contrary, I recently put away my jeans and bought some nylons. I was determined to compete with 7 queens in a local competition. No, the author was not the winner, and I do not consider myself a queen now. But at least now I have fulfilled a secret desire to do a drag performance-...just once.

Let me tell you some feelings I had at random: fear of rejection/discovery by the straight community; a sense of camaraderie with my fellow performers unlike anything I had previously known; excitement; being in touch with my latent female tendencies; knowing I was less attractive than a real woman (much less, I was told), but not caring; and finally, I had a lot of fun.

For many, as with myself, drag is necessary for completion of the life experience. Now it is behind me, but I have grown from the experience, and I will not soon forget. Some drag queens continue, as if it were their destiny. I have seen some pathetic, lonely people on the drag stage, but now I have love and understanding for them and for all drag performers...an understanding I had never known. They ARE part of MY GAY CULTURE AND HERITAGE. And, for my money, very good entertainment. Question of the month: are you criticizing something you'd secretly like to do yourself?

Next month: should I help pull the wagon, or do I just want a free ride?

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Columbine Pets – Pet Shop, 3221 S. Academy Blvd., C.S., 392–1714.

Dan Craig – Realtor, Cremona Realty, 1332 W. Kiowa, C.S., 630–7331 or 574–8220.

Echo Print – Printing, 2013 E. La Salle, C.S., 636–1116.

Exit – Bar, 2028 Sheldon, C.S., 634–9276.

Gentry's – Flowers and Accessories, 631 W. Colorado Ave., C.S., 632–0707.

Henri's – Restaurant, 2427 W. Colorado Ave., C.S., 634–9031.

The Hide and Seek – Bar, 512 W. Colorado Ave., C.S., 634–9303.

The Mad Planter – Plants, 1805 De Paul, C.S., 633–8896.

Mail Boxes Etc. USA – P.O. Boxes, 3624 Citadel Dr. N., C.S., 570–1333.

North Crow Vacation Ranch – Resort, RR 1, Box 62A, Ronan, Montana, (406) 676–5169.

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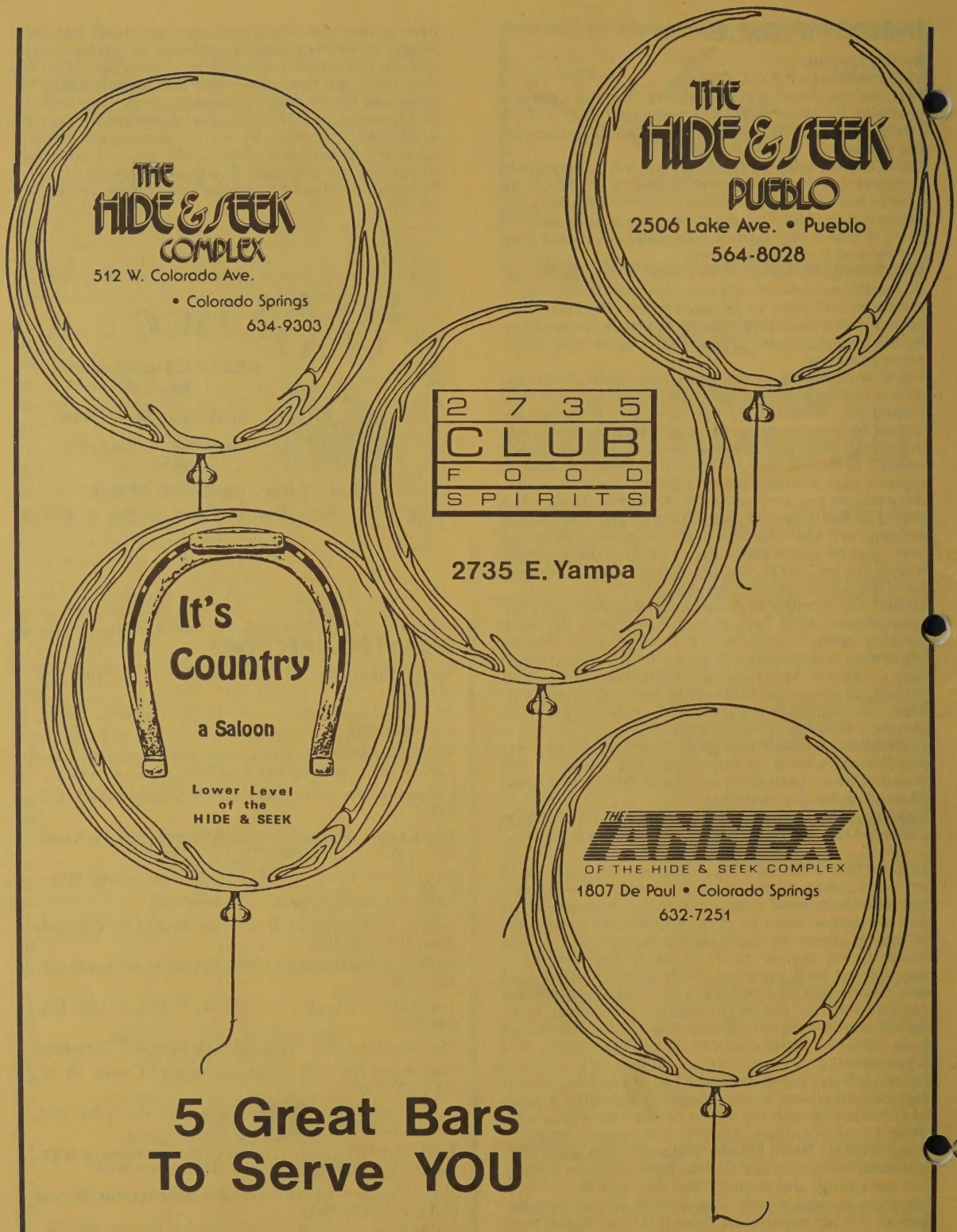
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